

## Preparing for Pregnancy (Preconception) Awareness Event

To support improving outcomes for women and birthing people, who are thinking about starting a family, we are holding an event on:



## Thursday 21st September 2023 6pm to 8pm The Rufus Centre, Steppingley Road, Flitwick MK45 1AH



If you would like to share your experience of accessing care and preparing for pregnancy, and give your ideas for service improvement from health professionals about preconception care, please contact us at info@ healthwatch-centralbedfordshire.org.uk or call 0300 303 8554 to book your place.

This is a diverse and all inclusive event so please advise when booking of any specific access requirements, e.g. wheelchair access or interpreter required.

All travel costs will be reimbursed and every attendee will receive a £15 gift voucher for taking part.



In partnership with



